



## Zimbabwe (Harare)

### 2003 Fact Sheet

The **2003 Zimbabwe (Harare) GSHS** measured alcohol and other drug use; sexual behaviors that contribute to HIV infection, other STI, and unintended pregnancy; unintentional injuries and violence; hygiene; physical activity; tobacco use; mental health; and protective factors.

The 2003 Zimbabwe (Harare) GSHS was a school-based survey of students in forms 1, 2, and 3. A two-stage cluster sample design was used to produce data representative of all students in forms 1, 2, and 3 in Zimbabwe (Harare). At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 84%, and the overall response rate was 84%. A total of 1,997 students participated in the Zimbabwe (Harare) GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
<b>Alcohol and Other Drug Use</b>			
Percentage of students who had at least one drink containing alcohol on one or more days during the past 30 days	15.4 ± 1.9	17.6 ± 2.8	13.3 ± 3.2
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	16.5 ± 2.3	19.4 ± 3.4	13.8 ± 2.7
Percentage of students who had a hang-over, felt sick, got into trouble with their family or friends, missed school, or got into fights, as a result of drinking alcohol one or more times during their life	13.0 ± 2.6	13.3 ± 3.3	12.4 ± 2.9
Percentage of students who used drugs one or more times during their life	7.7 ± 1.4	12.1 ± 2.8	3.6 ± 1.3
<b>Sexual Behaviors That Contribute to HIV Infection, Other STI, and Unintended Pregnancy</b>			
Percentage of students who have ever had sexual intercourse	10.0 ± 1.7	17.5 ± 3.7	3.9 ± 1.8
Percentage of students who have had sexual intercourse with two or more people during their life	5.5 ± 1.2	9.9 ± 2.9	1.7 ± 1.1
<b>Unintentional Injuries and Violence</b>			
Percentage of students who were in a physical fight one or more times during the past 12 months	37.9 ± 5.6	45.2 ± 3.2	30.7 ± 8.0
Percentage of students who were seriously injured one or more times during the past 12 months	57.1 ± 7.3	64.3 ± 7.6	50.4 ± 6.9
Percentage of students who were bullied on one or more days during the past 30 days	55.3 ± 3.7	60.2 ± 3.6	51.1 ± 5.0



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<b>Hygiene</b>			
Percentage of students who never or rarely washed their hands before eating during the past 30 days	2.7 ± 0.9	3.6 ± 1.8	1.8 ± 0.9
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	4.4 ± 1.5	5.5 ± 2.0	3.0 ± 1.3
<b>Physical Activity</b>			
Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during the past 7 days	14.4 ± 3.1	16.1 ± 3.4	12.9 ± 3.9
Percentage of students who spent three or more hours per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities	43.8 ± 3.9	42.8 ± 4.2	44.7 ± 5.4
<b>Tobacco Use</b>			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	5.8 ± 1.0	9.6 ± 1.9	2.2 ± 1.0
Percentage of students who used any other form of tobacco on one or more days during the past 30 days	7.9 ± 2.3	10.5 ± 2.8	5.2 ± 2.4
Percentage of students who reported people smoking in their presence on one or more days during the past 7 days	52.2 ± 3.8	51.4 ± 5.5	52.8 ± 4.6
<b>Mental Health</b>			
Percentage of students who felt lonely most of the time or always during the past 12 months	13.8 ± 1.9	15.1 ± 2.4	12.8 ± 3.0
Percentage of students who seriously considered attempting suicide during the past 12 months	20.6 ± 1.8	19.4 ± 2.9	21.7 ± 3.0
Percentage of students who have no close friends	10.5 ± 2.1	10.2 ± 3.4	10.5 ± 2.4



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<b>Protective Factors</b>			
Percentage of students who missed classes or school without permission on one or more days during the past 30 days	31.2 ± 3.3	33.5 ± 5.1	28.8 ± 2.7
Percentage of students who reported that most of the students in their school were never or rarely kind and helpful during the past 30 days	25.1 ± 3.8	31.1 ± 5.0	19.7 ± 3.8
Percentage of students whose parents or guardians never or rarely really knew what they were doing with their free time during the past 30 days	21.8 ± 3.1	23.9 ± 5.1	19.9 ± 4.5

**For additional information, please contact:**

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